

Embodied Anatomy and The Nervous System, with Bonnie Bainbridge Cohen

Disc 1: Embryology of the Nervous System

- Embryology of the Nervous System
- Primitive Streak and Notochord
- Three Embryonic Germ Layers
- Yolk Sac and Amniotic Cavity
- Development of the Neural Plate
- Embodying the Front, Middle and Back Bodies
- Embodying the Neural Tube and Crest, Surface Ectoderm
- Zipping (Fusion) of the Neural Tube
- Neuroenteric Canal and Autonomic Fluid Rhythm
- Embodying Autonomic Fluid Rhythm
- Cloacal and Oropharyngeal Membranes
- Notochord as a Centralizing Unit

Disc 2: Nervous System Part 1

- Three Ways to Organize the Nervous System
- Somatic Nervous System
- Sitting in the Synapse
- Motor and Internuncial Nerves
- Nerve Reversal and Healing
- Autonomic Nervous System
- Somatic Nervous System Revisited
- Sympathetic Nervous System
- Sympathetic Ganglionic Chains
- Parasympathetic Ganglia
- Bonnie Helps a Student Find Her Front Body, Middle Body and Back Body

Disc 3: Nervous System Part 2

- Somatization of Being through the Nervous System
- Release of the Brachial and Lumbosacral Plexus
- Integration of Nerves
- CNS Membranes
- Hindbrain, Midbrain, Forebrain
- Credits
- Illustrations